



Port Fairy Golf Club – SUNSMART Policy

The following policy is in place to assist Port Fairy Golf Club members and guests minimise the risks of over exposure to UV.

Too much UV from the sun can cause sunburn, skin damage, eye damage and skin cancer. People often experience these effects when either playing or watching sport. As a general rule, sun protection is needed from the beginning of September to the end of April in Victoria or whenever UV levels are 3 and above. Particular care should be taken when UV levels are at their highest throughout the middle of the day.

Cancellation of events may occur in relation to our heat rule during peak heat and UV periods.

Sun Protection Measures

1. Clothing, Hats & Sunglasses

- Hats along with Sun protective clothing made from high level UPF (UV protection factor) are made available for purchase from the Pro Shop.
- Where clothing does not provide adequate sun protection, golfers should apply SPF 30+ to all exposed skin.
- Participants are encouraged to wear sun protective clothing, hats and sunglasses (Australian Standard ASNZS 1067:2003 recommended) for sun protection whilst playing or spectating, especially during peak UV times.

2. Sunscreen

- SPF 30+ broad spectrum, water resistant sunscreen is provided to participants free of charge in each change room.
- Participants are encouraged to apply 20 mins before playing.
- Sunscreen is stored below 30°c & replaced after use-by date.

3. Shade

- Golfers are encouraged to seek shade whilst waiting to tee off and in between play periods.
- Where there is insufficient natural or built shade golfers are encouraged to bring and use temporary shades such as umbrellas.

4. Information

- The UV rating will be displayed to members and participants on the Port Fairy Golf Club Website.

Constructed By : Sarah Colee 25/07/2014

Date Adopted: 21/08/2014

Next Review Date: